

**VITAL COUMADIN INFORMATION**

1. Please notify us if you have started on a new prescription medication or start taking new over-the-counter medications. Many medications can affect how coumadin works (especially antibiotics, pain medications, and supplements).
2. Also notify us if you will need to stop taking your coumadin for any reason:
  - ▶ Surgery
  - ▶ Dental work
  - ▶ Injections
  - ▶ Procedures
  - ▶ Any time you are asked to stop coumadin
3. If you had an INR drawn, and you did not receive a result from us, please call us by 2 p.m. the next day at the latest. We will obtain the results for you and give you instructions then. You may leave a message if you do not wish to wait and talk with us. Please take your usual dose of coumadin as scheduled and do not skip a dose.
4. Take your coumadin between supper and bedtime. This allows us to adjust your dose of coumadin more effectively.
5. Having your INR drawn earlier in the day helps us to process your results in a timely manner.
6. Anytime you have questions or changes in your diet or lifestyle, call your Protimed nurse and let them know.
7. For women - if you may be or are pregnant, please notify us immediately.
8. Our nurses are available to speak to you from Monday to Friday, 8:00 a.m. to 4:30 p.m.