



VIAGRA Patient Information

Viagra™ (sildenafil) relaxes muscles within the penis. This increases blood flow into the penis and helps you to achieve and maintain erections. Viagra is used to treat erectile dysfunction (impotence).

Important Instructions:

- **Do not take Viagra if you are taking a nitrate** for chest pain or heart problems. Examples of nitrates include: *nitroglycerin* (Nitrostat, Nitrolingual, NitroDur, Nitro-Bid, Minitran, Deponit, Transderm-Nitro, others), *isosorbide dinitrate* (Isordil, Sorbitrate), and *isosorbide mononitrate* (Imdur, ISMO, Monoket).
- Contact your doctor or seek emergency medical attention for any erection that lasts longer than 4 hours. A sustained erection can damage the penis.
- Refrain from further sexual activity and notify your doctor if you develop dizziness, nausea, or angina (pain, tightness, discomfort, numbness, or tingling in the chest, arms, neck or jaw) at the start of sexual activity.
- Before taking Viagra, tell your doctor if you have had a heart attack, stroke or life-threatening irregular heartbeats within the last 6 months.

How do I take Viagra?:

For most patients the recommended dose is 50 mg taken approximately 1 hour before sexual activity. However, Viagra may be taken anywhere from 4 hours to 30 minutes before sexual activity. The dose may be decreased to 25 mg or increased to a maximum recommended dose of 100 mg.

Do not take Viagra more than once per day. Viagra is only effective with sexual stimulation.

If you have kidney or liver disease or are 65 years of age or older, the initial starting dose is 25 mg.

Viagra does not protect you from sexually transmitted diseases.

Side Effects:

- Flushing
- Mild dizziness
- Headache
- Nasal congestion
- Diarrhea
- *Temporary* blue tint in vision or other vision abnormalities (more commonly occurs at the 100 mg dose)
- Itching or a rash

Stop taking Viagra and seek emergency medical attention or notify our doctor immediately if you experience any of the following serious side effects:

- An allergic reaction (difficulty breathing, closing of your throat, swelling of your lips, tongue, or face, or hives)
- Chest pain or an irregular heartbeat
- Swelling of the ankles or legs
- Shortness of breath
- Prolonged or severe dizziness
- A prolonged erection (4 hours)

Please let your doctor know if you are taking any of these medications prior to using Viagra:

- Nitrates (see important instructions)
- Amlodipine (Norvasc)
- Cimetidine (Tagamet)
- Erythromycin
- Ketoconazole (Nizoral)
- Itraconazole (Sporonox)
- Rifampin
- Mibefradil (Posicor)