

NWOCC



NORTHWEST OHIO CARDIOLOGY CONSULTANTS

Patient Preparation for Nuclear Stress Testing

- Please continue to drink water prior to testing. This will aid in starting your IV.
- No eating **two (2) hours** prior to appointment time.
- **24 hours prior to appointment time**, drink only water, white milk, or 100% juice (1 whole day before).
- **24 hours prior to appointment time**, avoid anything with chocolate or chocolate coatings (1 whole day before).
- **24 hours prior to appointment time**, do not consume **ANY** soft drinks, pop, coffee, or teas. This includes decaffeinated or caffeine-free products. Often, caffeine is not listed on the ingredient list.
- Do not hold medications unless directed per ordering physician.

If you have any questions, please feel free to call us at
419-842-3000

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