



## HOME PROTIME / INR SELF TESTING

Your physician has decided that you would benefit from home Protime / INR testing. Home testing is a safe, convenient way to monitor your anti-coagulation medication (Coumadin, Warfarin, or Jantoven) at home. Recent studies, collected by Medicare, have shown that home Protime / INR testing improves patient stability and reduces the risks of anti-coagulation complications.

There are 3 Home Protime / INR Monitoring options in our area. The companies are listed below, along with a contact number. NWOCC is not affiliated with any of the companies and we do not specifically recommend any one of them. You will receive a physician's order with this form for ordering the home Protime / INR monitoring system and supplies.

The best way to begin home Protime / INR testing is to contact your insurance company to see if this is a covered benefit under your insurance plan. If it is covered, then you can ask them if any of the companies listed below are approved under your plan. Since you will need the testing machine and supplies to run the machine, it is important to go through a company that is covered by your insurance carrier. Going with an approved company will result in lower, or no out-of-pocket expenses for you.

Once you have selected a company, please call the toll-free number that we have provided to work with that company. They will take care of your insurance papers, provide you with the Protime / INR machine and supplies, and provide you with personalized education on how to safely self-test.

Each company has a slightly different way to handle results, however, in most cases, you would call the results that you obtain to them, and they will fax the results to your physician, just like the laboratory would.

If you have any questions about this process, please feel free to contact us.

Tapestry Medical: 1-877-262-4669 [www.tapestrymedical.com](http://www.tapestrymedical.com)

Raytel Monitoring: 1-800-295-3530 [www.inrseltesting.com](http://www.inrseltesting.com)

Quality Assurance Monitoring (QAS): 1-800-298-4515 [www.hometestmed.com](http://www.hometestmed.com)