



## **CHANTIX (Valenicline)**

### **Patient Information**

**What it is:**

Chantix is an aid to help you quit smoking.

**Dose:**

The dosage of Chantix is slowly titrated up over one week:

- **Days 1 - 3:** 0.5 mg. once daily
- **Days 4 - 7:** 0.5 mg. twice a day
- **Day 8 to end of treatment:** 1 mg. twice a day

**Additional instructions:**

Chantix should be started one week before your stop smoking date and should be continued for 12 weeks. If you have successfully stopped smoking at the end of 12 weeks, an additional course of 12 weeks treatment with Chantix is recommended to further increase the likelihood of long-term quit rates.

Chantix should be taken after eating and with a full glass of water to help lower the chance of you having nausea with the pill.

If you have kidney disease, you will need a different dose of Chantix.

**How supplied:**

Chantix comes in two strengths: 0.5 and 1 mg. tablets. It is available as treatment packs and in individual bottles. The initial treatment pack contains one card of eleven 0.5 mg. tablets and three cards of fourteen 1 mg. tablets. Continuing treatment packs contain four cards of fourteen 1 mg. tablets.

**Side effects:**

The most common side effects are nausea, sleep disturbance, headaches, abnormal dreams, constipation, flatulence, and change in taste perception.

**Drug interactions:**

Please let your pharmacist, nurse, or doctor know that you have started Chantix so they can check for drug interactions.