

**Computed Tomography****Pre-Procedure Instruction Sheet**

Patient _____ Date _____

Procedure _____

Time _____

1. Nothing to eat 6 hours prior to procedure. Drink plenty of clear fluids, such as water or apple juice, up to 2 hour hours prior to procedure.
2. Take medications with a sip of water prior to procedure. Do not take Metaformin (Glucophage) 48 hours prior to procedure.
3. Do not take Levitra or Viagra 24 hours prior to procedure. If you use Cialis, do not take 48 hours prior to procedure.
4. No caffeine or decaffeinated beverages 12 hours prior to procedure. No coffee, tea, or chocolate.
5. If having cardiac CT, take beta blocker as instructed by CT nurse.
6. If you have a dye allergy or kidney problems, inform CT nurse prior to procedure.
7. Please arrive 1 hour prior to procedure.
8. If you are having a cardiac CT, you must have someone to drive you home.