



LIPID WORK SHEET

Patient Name: _____ **ID#** _____ **Age:** _____ **Date:** _____
 CAD ___ CABGS ___ PVAD ___ DM ___ HLP ___ HTN ___ CVA ___ OBESITY ___ PRIMARY PREVENTION ___
 RENAL DISEASE ___ LIVER DISEASE ___ THYROID DISEASE ___ STRONG FAMILY H/O CAD ___

CURRENT RX MEDS / DOSE: **STATINS**
 ATORVASTATIN / LIPITOR _____ SIMVASTATIN / ZOCOR _____ PRAVASTATIN / PRAVACHOL _____
 LOVASTATIN / MEVACOR _____ FLUVASTATIN / LESCOL _____ CRESTOR _____ ADVICOR _____

FIBRTAES : GEMFIBROZIL / LOPID _____ FENOFIBRATE / TRICOR _____

NIACIN: NIASPAN _____ NIACIN _____ ADVICOR _____

CHOLESTEROL ABSORPTION BLOCKERS: ZETIA _____ VYTORIN _____

RESINS: COLESTYRAMINE / QUESTRAN / COLESTID _____ WELCHOL _____

MEDICAL NUTRITION / DIETARY CONSULT (MINDY): YES _____ NO _____

SIDE EFFECTS / INTOLERANCE:
 NIASPAN _____ TRICOR / LOPID _____
 STATIN _____ RESINS _____

DIAGNOSIS : HI LDL-C / LDL # _____ HI TRIGS _____ LOW HDL-C _____ ATHEROGENIC LIPIDEMIA _____
 ELEVATED LP(A) _____ HI CRP _____ DM _____ METABOLIC SYNDROME _____

RECOMMENDATIONS:

___ **NO CHANGES KEEP MEDS THE SAME**

OFFICE VISIT WITH ___ KH ___ RN ___ **NWOCC MD** ___ **MNT/MINDY** ___ **PCP / MD** ___ **IN** ___ **MONTHS**
START STATIN/DOSE: _____ **CHECK AST AND T4 / TSH** **BEFORE** **STARTING STATINS**

ZOCOR ___ LIPITOR ___ PRAVACHOL ___ CRESTOR ___ LOVASTATIN ___ LESCOL ___

___ **START NIASPAN / ADVICOR:** CHECK FBS, HBA1C, AST --- **BEFORE STARTING** NIACIN / NIASPAN
 (START NIASPAN PROVIDED FBS < 200 AND HBA1C < 8.0 AND NORMAL AST)

STARTING DOSE: 500MG / NITE TITRATE Q MONTHLY TO TARGET DOSE OF _____ **/ NITE**
INCREASE NIASPAN BY 500MG INCREMENTS / MONTH TILL TARGET DOSE ACHIEVED

START: ___ **VYTORIN** ___ **MG/DAY** ___ **ZETIA 10MG /DAY** **TRICOR** ___ **MG/DAY**

LIFE STYLE CHANGES: ___ **WEIGHT LOSS** ___ **EXERCISE** ___ **MNT / MINDY**

LABS: ___ **LFTS / AST AND LP IN** ___ **MONTHS** ___ **AST** ___ **LIPOSCIENCE, VAP () IN** ___ **MONTHS**
 ___ **NIASPAN LABS IN** ___, ___, **MONTHS** **OTHER LABS** ___ **IN** ___ **MONTHS**