

ALL LOCATIONS TOLL FREE 1-800-243-1912

CARDIAC CATHETERIZATION

You are scheduled for a cardiac catheterization (angiogram) at:

_____ Toledo Hosp. _____ St. Luke's Hosp. _____ St. Vincent Medical Ctr. _____ CDG _____ THHC

with Dr. _____.

Please report to the admitting office at _____ a.m. / p.m., on _____.

Your cardiac catheterization is scheduled at _____ a.m. / p.m. the day of admission.

If, for some reason, your scheduled cardiologist is not available at the above time, another N.W.O.C.C. cardiologist will be available to perform your cardiac catheterization.

SPECIAL INSTRUCTIONS:

1. Nothing to eat or drink after midnight the night before the catheterization.
2. You may take your morning medications with a small amount of water. **Have a list of your medications / dosages and how often taken with you to present to the hospital personnel.** If you are on a diuretic (water pill), you may not want to take the medication the morning of your cardiac catheterization. Call the office if you have any questions regarding this.
3. If you are taking anticoagulants (blood thinner i.e. coumadin), discontinue 3 days prior to your admission to the hospital.
4. If you are an insulin dependent diabetic, take only 1/2 of your usual morning dose.
5. Pack an overnight bag in case you are admitted. Please make arrangements to have someone drive you home.
6. Consider making arrangements to have someone spend the night with you following your cath.
7. At the time of discharge, ask your cardiologist when you should follow-up in the office.
8. If there are any questions, please call the office at (419) _____ .

CARDIAC CATHETERIZATION is a diagnostic procedure to examine the chambers and arteries of the heart. A pre-operative medication may be given for sedation before you are taken to the cardiovascular lab. If more sedation is necessary, it will be given during your procedure.

You will lie on a firm table. An x-ray machine is suspended above to film your heart, enabling the doctor to study different views.

Several diagnostic studies can be completed during a cardiac catheterization. Radiopaque dye is injected through the coronary arteries by means of the catheter to determine coronary artery disease. The pumping effect of the heart muscle can also be determined through a cardiac catheterization. When the dye is injected, you will feel a warm sensation for 20 – 30 seconds. Your doctor will tell you when to expect this to occur.

You will be taken back to your room after the procedure, where your vital signs will be checked frequently. You will be on bed rest post-procedure. **Depending on your medical history and catheterization results, you may be discharged the same day after your catheterization.** The cardiologist will inform you and your family of discharge plans after your procedure. If you are admitted, most likely you will be discharged the morning after the catheterization.